

GET YOUR REAR IN GEAR



Event Overview

Date: April 19, 2009

Location: Southdale Center, Edina (see map for parking and other details)

Time: 8:30 a.m. Kid's Half Mile Fun Run
8:50 a.m. Announcements; Runners take position on starting line
9:00 a.m. Start of Run
9:05 a.m. Start of Walk

Fees: \$25.00 5K Run and Walk through April 15th
\$30.00 Day of Event

\$12.00 Kid's Half Mile Fun Run through April 15th
\$15.00 Day of Event

Gifts: First 3,500 participants are guaranteed a dri-fit running shirt and goodie bag.

Day of: Registration opens at 7 a.m. Food and beverages available. Visit our special vendor tents, Survivor's Tent and Stage area before and after the 5K.

Team: A team is any group of 10 or more participants. Team members can be runners, walkers and kids participating in the Kid's Run. Teams must be registered on-line or have mail in entries post marked by April 9th, 2009 to be eligible for Team Awards. Teams will have an assigned meeting area in the TEAM MEETING section (teams assigned spots alphabetically). Team photos will be taken in the TEAM MEETING area beginning at 7:30 a.m.

Fundraising: Fundraising is not mandatory, but greatly appreciated. All funds must be turned in by April 9th by Teams and Individuals to be eligible for awards.

Special Tributes: Recognize survivors, honor those battling colon cancer or those we have lost to the disease with special bibs available at Registration or in the Survivor Tent.

Questions: Contact us at 952-426-6521 or at cindyiverson@getyourrearingear.com

